

Preventive Medicine Research Institute

A non-profit public benefit institute dedicated to research, education, and service

Dean Ornish, M.D.
Founder and President, Preventive Medicine Research Institute
Clinical Professor of Medicine, University of California, San Francisco
900 Bridgeway, Suite 1
Sausalito, California 94965
phone: 415/332-2525 x222; FAX: 415/332-2588
e-mail: Dean.Ornish@PMRI.org

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TO: Senator Ron Wyden
United States Senate
223 Dirksen
Washington, DC

FROM: Dean Ornish, M.D.

RE: Senator Wyden-Portman Bill "Better Health Rewards"

The "Better Health Rewards" bill that you and Senator Portman have introduced has great promise to lessen Medicare costs by decreasing the burden of chronic disease. As you know, health care costs have reached a tipping point. Providing significant incentives in this bill for Americans to develop healthier lifestyles is likely to provide better care at lower costs—and the only side-effects are good ones.

I strongly endorse your bill. Please let me know what I can do to be supportive. Thanks for your visionary leadership at a time our country most needs it. It is especially gratifying that Democrats and Republicans can work together for the good of all Americans.